



Historical background

Much of the trail follows an old Bridle Path, which, in turn, follows the trajectory of the lava flows that descended from the crater of the Montaña Negra Volcano when it erupted in May 1706. The lava swept down the slopes to overwhelm the villages in its path, on its way down to the harbour, where it wiped out part of the town and reduced the size of the bay.

Natural features

Montaña Negra Volcano and its lava flows.
 El Roque de Garachico.
 El Caletón (natural swimming pools).
 Flora: Pines, wax myrtle, tree heath, rock vegetation.

Historic heritage

Los Reyes church (unaffected by the eruption of 1706).
 Puerto de Tierra (the remains of the harbour before the 1706 eruption).

Administrative protection

Roque de Garachico Natural Monument.
 Los Acantilados de la Culata Protected Landscape.
 Corona Forestal Nature Park.



1 The trail starts at the church of San Francisco de La Montañeta, from where you follow the road up to the forestry hut. Opposite the forestry hut, you take a path that leads 300 metres above the road. Once you are back on the black top, you follow the road until you see the sign that says “Arenas Negras”. There is a bus stop next to the sign.

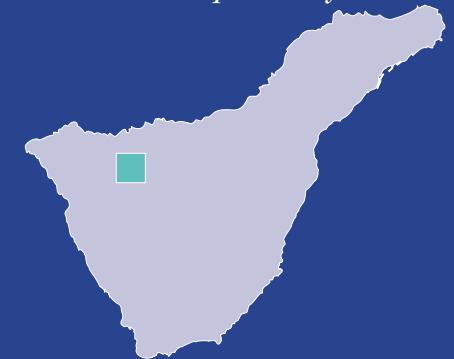
From here, you take the dirt track that climbs from the road. Follow it for about 2

kilometres without turning off. It is best to make this climb during the cooler times of the day, in order to avoid the heat and too much sun. 2 After climbing for about 45 minutes, you will reach the recreational area of Arenas Negras, equipped with taps, grills, tables and a camping area.



La Montañeta Arenas Negras

Remember, you walk under your own responsibility.



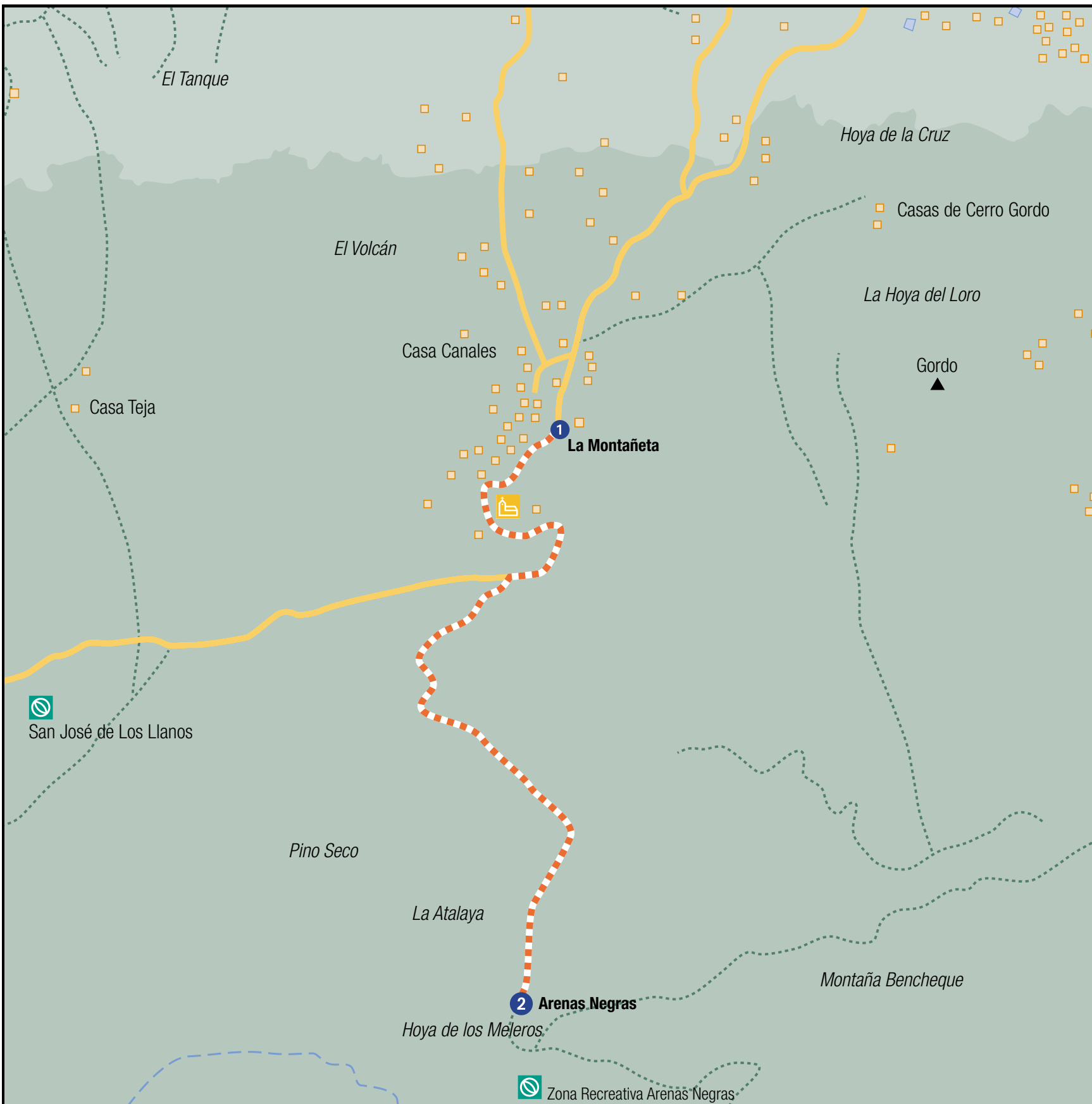
Useful telephone numbers

Town Tourist Information Centre	922 584 657
El Sauzal Local Police	922 560 606
City/Highway Police	922 560 638
Red Cross	922 281 800
TITSA (Bus company)	922 531 300

La Montañeta / Arenas Negras

Location: Garachico
Starting point: La Montañeta ①
Finishing Point: Arenas Negras ②
Distance: 28 Km.
Time: 50 min.
Difficulty: Low - medium
Slope: From 1000 m. to 1300 m. above sea level

Access: TITSA bus routes



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|--|--------------------------|--|----------------|
| | CAVE | | TOWNHALL |
| | VIEW POINT | | HEALTH CENTRE |
| | BEACH | | BUS STOP |
| | RECREATION AREA | | PETROL STATION |
| | SHELTER | | INFORMATION |
| | LIGHTHOUSE | | WATER |
| | CRAFTWORK | | RESTAURANT |
| | TRADITIONAL ARCHITECTURE | | TAXIS |
| | CHURCH | | TELEPHONE |
| | HISTORIC CENTRE | | |

